



Muslim Month of Ramadan Advice Policy



Approved by LGB Committees Spring Term – 2019 and adopted by Stockingford on conversion

RELIGIOUS FESTIVALS

There are many important religious times during the year for our pupils and we value these festivals. We feel this policy will be useful as it helps us to all work together with a common understanding.

Whilst we recognise that fasting is not compulsory before the age of puberty in Islam, we understand that children are often encouraged to fast or indeed wish to fast to prepare them for adulthood. We do not encourage children in KS1 to fast.

AIMS

1. To provide a safe environment for children who wish to partake in fasting at school.
2. To ensure the proper care of children is maintained and keep parents informed if their child is unwell.
3. To further develop understanding of the different faiths represented in the school population.

IMPLEMENTATION

Parents/carers should bring their children to school for registration, if the festival falls on a teaching day.

Fasting:-

1. All parents/carers must inform the School Office by telephone if they wish their child to fast.
2. If a child says that he or she is fasting but the school has not received a letter from his or her parent/carer this will be dealt with in a respectful way and the child will not be allowed to miss lunch.
3. To recognise fasting is not compulsory before the age of puberty.
4. Children who are fasting should not be expected to exert themselves physically, but will join in with PE.
5. If children are considered sensible enough by their parents to deal with the religious observance of fasting they should be encouraged to make use of quiet areas on the playground.
6. Children who are fasting can opt to use the seated areas outside in order to conserve their energy.

As is the tradition in the school, some assemblies held will take place regarding religious festivals and encourage mutual respect.

A child who fasts on some days and not others should be provided with a packed lunch for the days he and she is not fasting. If a child is eligible to free school meals the child's parents should liaise with the School Office.

In the rare circumstances of a child becoming distressed when he or she is fasting, the school will provide the child with something to eat or drink unless their parent/carer has let us know in advance that they do not wish this to happen.

Health and Safety

Parents/carers **MUST** inform the school if their child is fasting.

The school will inform parents immediately if their child who is fasting becomes unwell.

Inclusion

There is mutual co-operation between the parents of children who are fasting and the school.

All children in the school are encouraged to feel positive about their family, their culture and their faith.

Date of approval: Spring 2019

Signature: Head Teacher

Signature: Chair of Local Governing Body

Renewal Date:

A signed copy is held in the Executive Principal's MAT office.